

“What’s Right With America”  
will be the topic of Anna  
Belle Wiedemann’s Speech on March 7

By Shirley Mears

All members and guests are invited to hear Mrs. Anna Belle Wiedemann, of Yukon, Oklahoma, at the March 7 luncheon meeting, 11:15-1:00 p.m., in the Heritage Room of the Webster Commons.

Mrs. Wiedemann has accumulated a wealth of experience in all aspects of the agricultural process on a first-hand basis as a farmer and rancher.



Anna Belle Wiedemann

She has an extensive background resulting from directing domestic and international marketing at the state level and assisting with other production processes. She is skilled in the diplomacy needed in governmental agencies after serving in various capacities in a state position, a leg-

islator, and a member of many prestigious committees.

Some of Mrs. Wiedemann’s professional affiliations include the following: President (1991-1992) and Board of Directors, Oklahoma Sales and Marketing Executives; National Association of Women Business Owners; and President of Oklahoma Cattlewoman’s Association.

Recently she was named “Woman of the Year” of the Heartland Chapter of American Business Women for 2005. She is to receive this honor at the Oklahoma City Petroleum Club in May. She is also a nominee for the 2005 Oklahoma Agriculture Hall of Fame.

Mrs. Wiedemann has traveled throughout Europe and behind the Iron Curtain (into Communist countries), as well as made numerous visits to the Pacific Rim and Asian nations, Mexico and South America, Canada, Australia, and New Zealand. She has had numerous interactions with African delegations and dignitaries from around the world.

Our speaker has successfully blended business and home life by being happily married and the mother of one daughter; she has two grandchildren. She was recognized as Oklahoma State’s Mother of the Year for 1991.

***Important information about making ASP luncheon reservations:***

***Members:*** If you have *not* been contacted by one of our callers, please call Mrs. Shirley Pelley at 354.3853.

***Guests:*** Please call Dr. Elbert Overholt at 789.2036

***All:***

1. The cost of luncheon is **\$7.50 per person**
2. Please make your reservation **before Thursday, March 3.**
3. **The Administrative Council respectfully requests that a member or guest who makes a reservation to consider it his or her responsibility to pay for the luncheon, and if unable to attend, send a check to Dr. Roy Dorris, ASP Treasurer, 4607 North College, Bethany, OK 73008**



**Your president's point of view:**  
by Jack David Arnold

Ethical insights from the hit film,  
*What the bleep does it mean?*

While I was vacationing in Ft. Lauderdale, Florida, last December, I saw a movie which motivated me to think more deeply about my life's choices, past and present choices, and infinite possibilities in my future. The name of the movie is *What the bleep does it mean?*

William Arntz, Betsy Chasse, and Mark Vicente, who produced this unique film that became a runaway success, were able to combine the principles of quantum physics within an entertaining story. Many critics write that they have achieved "legend status."

Amanda, the protagonist in the movie, was living a life of quiet desperation because of a failed marriage, her disillusionment with the established church, and a growing lack of interest in her profession as a photographer; however, several people and events caused her to improve her God-consciousness and resonance with the universe. In the final act of the movie as Amanda walked past the church, she looked and smiled and kept on going. Viewers were actually taken back to the opening scene.

Amanda entered the cinema, where she became aware of herself in what is called the *super position* in quantum physics. She was in three places at one time. Amanda walked out of the cinema and into the street where she passed many people doing many different things. Each of them was a different version of herself. She passed a thought-provoking sign that read, "Make known the unknown."

**So, what the bleep does it mean?** In its simplest form, my total response was as follows: **I should ask myself deeper questions than I have in the past. What is it that I don't know yet that could empower me?**

*"The wise man knows that he knows nothing."*

—Socrates (ca. 470-399 B.C.)

**The first ethical insight that I gained from the movie was We're never too old to learn.** One classic way that senior adults keep themselves stuck in the mire of their past, or in their Slough of Despond, is by convincing themselves that they cannot learn anything new because they are too old.

The excuse runs something like this: **"You can't teach an old dog new tricks."** This old chestnut, however, cracks wide open upon careful examination! Contemporary research has shown that people can learn as much in their eighties as they could in their twenties. So, why do so many older people seem to struggle to learn new things?

Let us look at the typical learning cycle for the answer. We enter the world, and everything is new. If we want to survive, we have to learn as much as possible and as quickly as possible. Research shows that the majority of people learn more between the ages of zero and five than they will for the remainder of their lives.

By the time we reach our mid-twenties, the one common experience shared by all of us has been *learning*—but, sadly for many, that is where it ends!

**The truly educated never graduate!** The largest asset we will ever own is *not* a home but the knowledge and wisdom gained

Continued next column



**"Sharing a  
Continuous  
Flight"**

*The Academy Perspective*

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4607 N. College, Bethany, OK, 73008

from our **continued learning**. This asset can never be taken from us. The Internal Revenue Service cannot seize it. We cannot lose it in a divorce. It will always be ours.

If we want to build assets that are ours forever, we must keep learning! In doing so, we will be able to continue our education for as long as we wish. **Lifelong learning is the major thrust of the Academy of Senior Professionals at Southern Nazarene University.** As President, this has been my major focus for the past six years and will continue to be it as long as I am in this office.

*"I'm still learning."*

—Michelangelo (1475-1564) at 87 years of age

**The second ethical insight that I received from the movie was that I can focus on a power moment at any time, and the energy of that moment can become my fuel.**

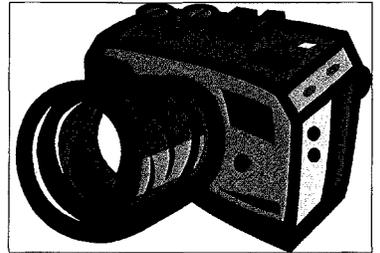
Dr. Dov Baron, a therapist, advocates in his Web site, [www.whatthebleepdoesitmean.com](http://www.whatthebleepdoesitmean.com), that you should follow the three steps of his **Equation for Manifestation** to improve your focus on a power moment:

Continued on page 6—Arnold



# ASP PICS

PICTURES BY EDITH SONNEVIK PAYNE

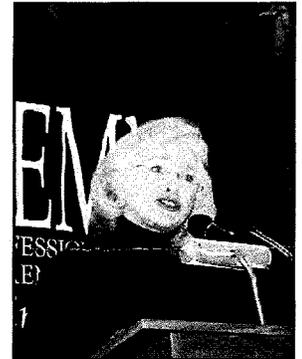


Tammy Schafer\* assumes responsibilities as new Membership Chair. She is also a new member of the Academy of Senior Professionals.

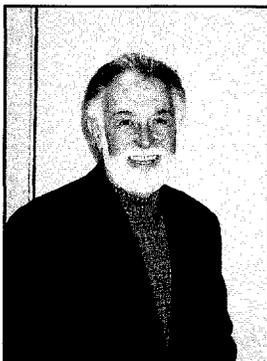
\*See story on page 4



Guests of the Academy are (l-r) Joan Zubik and Connie Weber, estate sales specialists.



Charlotte Lankard was the forceful speaker for the February ASP luncheon.



Guest of speaker Charlotte Lankard was Dr. Robert Wise.

Speaker for the Peer Learning Network PLN Presents luncheon in April and pictured here is David Gergen, noted political conservative.\*

A large number of Academy members will board a bus to the OKC Cox Convention Center to be a part of this significant event.

\*See story on page 5.



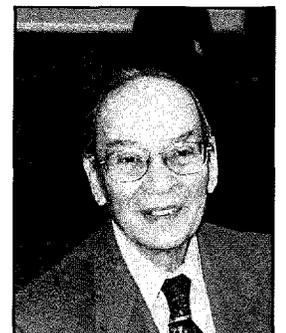
Charming lady and guest speaker for the February luncheon Charlotte Lankard



Missy Baumgartner with The Schuster Group was a guest at the February luncheon.



New member of the Academy of Senior Professionals is Dr. Wayne Bright, Spanish Cove resident.





## Library Resources

By Bea Flinner

The topic of *Faith* has been in the news extensively in recent months. A book that may be of additional interest is *The Faiths of Our Fathers: What America's Founders Really Believed*, by Alf J. Mapp, Jr. who has also written several other books on the subject.

Comments offered by readers suggest that throughout our nation's history, the religious beliefs of America's Founders have been contested and misunderstood. Did our Founders advocate Christianity or atheism? In this book, acclaimed historian Alf J. Mapp, Jr., cuts through the historical uncertainty to accurately portray the religious beliefs of eleven of America's Founding Fathers, including John Adams, Benjamin Franklin, Thomas Jefferson, and James Madison. He discovers men with religious beliefs as diverse as their political opinions. These profiles may shed light on not only the lives and times of the revolutionary generation but also the role of religion in public life throughout American history."

In *The Faiths of Our Fathers* Mapp employs the thoughtful and graceful narrative style we have come to expect from his books and brings much-needed light to an issue that has confused Americans for generations. (*In the SNU library.*)



## ASP News You Can Use:

A cordial invitation to see  
*The Passenger*  
at the Yellow Rose Dinner-Theater

By Shirley Mears

**Yellow Rose Dinner-Theater**, located at 1005 SW 4th Street in Moore, Oklahoma, is the *only* year-round-dinner theater in Oklahoma. Tickets include dinner and a show; sometimes it is musical, and sometimes a play.

*The Passenger* will be the play presented from **February 25 to April 2**.

The theater has a **lovely atmosphere, excellent service, terrific food, including great desserts!**

You can come in a variety of attire: from **casual slacks to after-five formal wear**.

To make your evening really special, **call Greg Pruitt with City Limo at 733-5466** and arrive in style!

You can learn more about the Yellow Rose Dinner Theater in **45 & Better News**, available free at over 800 locations, including all metro Albertson's grocery stores.

You can also go online to **[www.yellowrosetheater.org](http://www.yellowrosetheater.org)** or call in your reservation at **793-7779**.

**Let's go together!** Please call me, and we can pencil it in our calendars! I can be reached at **603-6381**.

## ACADEMY DIRECTOR OVERHOLT PRESENTS NEW OFFICERS

By Elbert Overholt (ASP Director)



### HISTORIAN: Lecil Brown

"Memory is one of God's great gifts to us." This is the leading sentence in a short autobiography written by Lecil Brown, recently appointed Historian of the Academy of Senior Professionals.

Lecil was born in White County, Arkansas. He started his education in a three-room school in Letona, AR. He learned much from school as well as from cotton chopping, corn cultivating, hay baling, and other farm chores during his early years in Arkansas.

At the age of seventeen Lecil joined the Merchant Marines and served on a Liberty Ship until the end of WWII. He came to Bethany Peniel College (now SNU) in January, 1947. He received his bachelor's degree from BPC in 1952 and gained a master's degree from Wichita State University in 1955.

Lecil has been a successful businessman and banker in Wichita and in Florida. He has worked for SNU in the development of wills. His wife, Glorene, is also a member of the Academy and has previously given seminars to our group interested in genealogy. We appreciate the Browns and their willingness to serve others.

Lecil is filling the vacancy left by the resignation of Dr. Paul Gresham. Dr. Paul served admirably as historian for the Academy until recently. Our gratitude and appreciation go to both Paul and Lecil.



### MEMBERSHIP COMMITTEE

CHAIR: Tammy Schafer

Tammy Schafer has accepted the chairmanship of the Academy Membership Committee. Tammy resides in Kingfisher with her husband, Todd. She operates her Tender Touch Home Services from that base serving elderly citizens throughout northwest Oklahoma who need special care in their homes.

Tammy graduated from Cherokee High School. She spent three years at Oklahoma State University before completing her bachelor's degree in Family Studies and Gerontology at SNU. Recently she has been serving as an instructor in the Adult Studies Programs at SNU. Mrs. Schafer served as Assistant Executive Administrator of Spanish Cove Retirement Village from 1988-2004 before forming her service company.

We are honored to have Tammy as a member of the Academy and delighted that she is serving as Membership Committee chairperson.

— See picture on page 3 —

## The Peer Learning Network invites ASP members and guests to 2<sup>nd</sup> annual "PLN Presents" Luncheon featuring David Gergen

By Becky Walker

For the second year, the Peer Learning Network (PLN) has invited the members of the Academy of Senior Professionals to join them as guests at the *PLN Presents* luncheon featuring former White House advisor David Gergen.

This year's luncheon will take place in Oklahoma City, Friday, April 8, 2005, from 11:00 a.m. to 1:00 p.m. at the Cox Convention Center in Great Hall C.

For more than 30 years, Gergen has been an active participant in American national life. Author of *Eyewitness to Power: The Essence of Leadership, Nixon to Clinton*, Gergen offers an inside glimpse into the corridors of power and the leadership challenges presidents face, bringing clarity to the most complex international and domestic issues.

A noted conservative who served Presidents Nixon, Ford and Reagan, Mr. Gergen brought his wisdom and hands-on knowledge to Bill Clinton's first years in the White House. Today he helps audiences break through ideological barriers to recognize simple and lasting political truths.

Gergen currently serves as editor-at-large of *U.S. News & World Report*, as director of the Center for Public Leadership at Harvard's John F. Kennedy School of Government and as a regular contributor to PBS' *The NewsHour with Jim Lehrer*.

Cost for the Renaissance-catered luncheon is \$7.50 for ASP members and \$40 for non-members. Please make checks payable to Southern Nazarene University. Cash and credit cards are also accepted.

Round-trip bus transportation will be made available to this event for those members and guests who sign up in advance at the next ASP meeting on March 7.

### Bus Schedule (tentative)

- 9:45 a.m. Board buses at SNU (Sawyer Center parking lot, on the corner of 41<sup>st</sup> and Donald)
- 10:00 a.m. Depart for Cox Convention Center
- 10:40 a.m. Arrive at Cox Convention Center
- 11:00 a.m. Session begins
- 12:45 p.m. Buses at Cox Convention Center
- 1:00 p.m. Luncheon dismisses
- 1:15 p.m. Board buses
- 1:20 p.m. Depart for SNU
- 1:45 p.m. Arrive at SNU (Sawyer Center parking lot)

For those of you who choose to drive separately, underground parking is available at the Cox Convention Center. The current charge is \$6 per entry. The parking entrances are located on the east side of E.K. Gaylord and the west side of the building on North Robinson. Additional parking is also available nearby, throughout downtown and Bricktown. Oklahoma Spirit Trolleys provide shuttle service to most off-site parking garages at a fare of \$0.25.

For further *PLN Presents* ticket or bus information, contact Ms. Becky Walker, PLN Coordinator, by phone at 405.491.6600, or by e-mail at [pln@snu.edu](mailto:pln@snu.edu). Guests may purchase tickets online by logging onto [www.snu.edu/pln](http://www.snu.edu/pln).

— See page 3 for picture of David Gergen —

## Obituaries

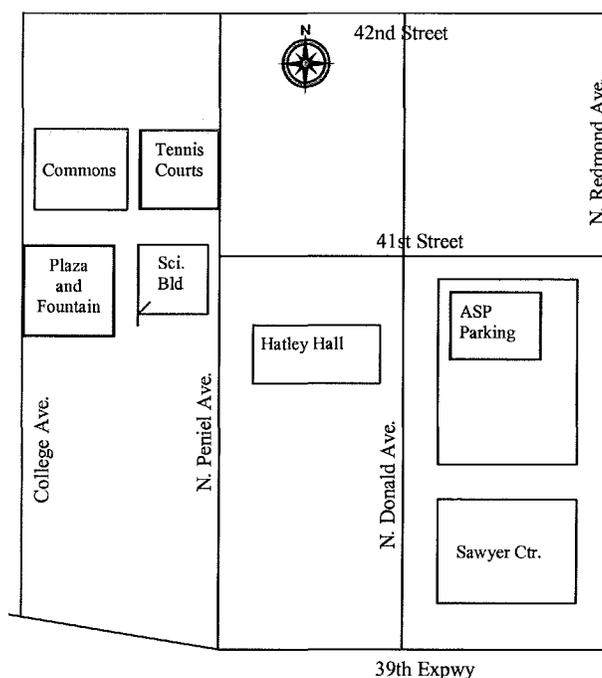
by Billie Harrison

**Dr. Clyde Dawson** passed away peacefully while at home surrounded by loved ones on January 24, 2005. He was born May 31, 1911 in Ford, Kansas, to Clifton and Nondus Dawson, who, along with Clyde's brother, Vernon, preceded him in death. He is survived by his wife, Anna Faye, three daughters, Wanda Wood, Judy Rayburn and Joyce and her husband, Rex Davidson. Also one step daughter, Sandra and her husband, George Baker, one step son, J. B. Silvers. He is also survived by five siblings, Pearl Rush, Dorothy Close, Berniece Lemmons, Paul and wife, Velda Dawson, and Eileen Rollins. Clyde pastured in the Church of the Nazarene for more than forty years in Kansas, Nebraska, Colorado, Indiana, Ohio and Texas. He impacted hundreds of lives.

**Rev. Loy Watson**, born June 15, 1914, in Madison County, AR, passed from this life February 4th, 2005, in Oklahoma City. In 1934 he married Luna Drake, also of Madison County. This union was blessed of the Lord for more than 70 years. He is survived by his wife, Luna; two sons; Rev. Lindell Watson and wife, Sue, and Dr. Larry Watson and wife, Terri; four grandchildren; four great grandchildren and numerous nieces and nephews. His life was dedicated to the preaching of the Gospel of Jesus Christ. Loy pastured forty-five years in the Church of the Nazarene. He will be greatly missed.

Both **Clyde Dawson** and **Loy Watson** were past active members of the Academy of Senior Professionals.

### ASP Parking Map



Continued from page 2—Arnold

1. **Focus on your desired outcome with a clear and specific thought.**
2. **As you hold the thought, you will be able to get in touch with feelings of what it would be like to experience your desired outcome.**
3. **Now, go deep into your mind and focus on those feelings, at the expense of all other thoughts or feelings, and do it consistently.**

Dr. Baron concludes, "Your ability to focus exclusively on those feelings determines the degree to which you will experience your desired outcome."

**"Our deepest fear is *not* that we are *inadequate*.**

**Our deepest fear is that we are *powerful* beyond measure."**

—Marianne Williamson, *A Return to Love*

The third and final ethical insight that fascinated me about the movie was **Quality Resonance Field (QRF)**. It is the sum of our personal history, thoughts, and experiences expressed as an energetic field.

We can think of our QRF as a radio station that is broadcasting across the universe. The problem is that we are not always in control of our play list. It is quite likely that the radio station is playing some very old tapes (our history). Even though we may want to play contemporary music, it keeps playing the same old, tired songs.

In this example, we will attract only the people, events, and experiences (our station's audience) that resonate with that play list.

**We will never attract an audience who wants to hear Mozart if we are broadcasting country music.** We attract the people, events, or experiences into our lives that reinforce our strongest emotional experiences. This is how Dr. Baron defines *resonance*.

We have all had the experience of walking into a room, or meeting someone, and instantly feeling comfortable or uncomfortable. Many people describe it as getting a good or bad "vibe" from someone. That "vibe" is our QRF interacting with another person's QRF.

Every single person in your life is there to show you something, as Amanda learned. It may be to reflect a part of yourself that you have repressed, an issue you need to deal with, or maybe he or she is just there so you can learn to say "no" to him or her.

The important thing to remember is that your life is your reality, your movie, in a world of infinite possibilities in a vast universe.

You are the director, the screenwriter, casting director, producer, and any other role needed to produce your movie. **If at any time you are *not* enjoying the movie that is your life, you can get up and choose again—you do *not* have to wait until the end.**

If you begin to notice similar characters, situations, or dramas appearing in your life, you may safely assume that you have created a reality that you unconsciously *expect* to happen.

**If you argue for your limitations, then you will win that argument, and they are yours!**

In summary, I have shared with you these ethical insights in this editorial: (1) ask deeper questions than you have in the past, (2) you are never too old to learn, (3) focus on your power moment and its energy to gain fuel in achieving your worthy goal, and (4) your Quality Resonance Field can be expressed as energy to help you achieve your desired outcome.

**So, give up any false identity that you may be holding about being too old, too ignorant, too handicapped, too isolated, too deprived, or any other limiting belief. Every one is a lie!**

**"With God, all things are possible"**

—Jesus of Nazareth, Matthew 19:26



## ASP Calendar

### Monday: March 7

- 9:00 a.m. Shuttle: Sawyer parking lot to Webster Commons begins  
 9:30-10:45 Writers' Workshop: Commons Student Life Conf. Room  
 11:15-1:00 Luncheon: Heritage Room—Webster Commons  
 1:30 p.m. Shuttle: Webster Commons to Sawyer parking lot ends  
 1:15 p.m. Ad. Council: Faculty Lounge, Webster Commons



## REMINDERS

**Membership Dues:** ASP dues will be accepted at the March 7 meeting. Yearly dues for the calendar year are \$15.00, or \$1.25 per month. The ASP initiation fee for new members is \$10.00.

**Shuttle Service:** Members and guests are respectfully requested to park their cars in the northwest corner of the Sawyer parking lot, which is located at 42nd and Donald Streets (map p.5). We are grateful to SNU President Loren Gresham and his staff for providing this service to our members and guests.

**Tax-Deductible Contributions:** If you are interested in making a tax-deductible contribution to the ASP Scholarship or ASP Operations, please (1) note on your check "ASP Scholarship" or "ASP Operations" and (2) send it to Dr. Roy Dorris, ASP Treasurer, 4607 North College Bethany, OK 73008.

**Writers' Workshop to Meet March 7:** All interested writers are urged to write something to share and discuss. If time permits, Chairperson Vada Lee Barkley will share additional tips for writing nonfiction.

## News Briefs

**ASP Web Site:** Members and guests are reminded that the ASP Web site can be accessed by typing in [www.snu.edu](http://www.snu.edu) and then linking with `sr_professionals`. This is an excellent tool to learn more about our unique organization. Please forward your comments and copy to Dr. Don Beaver, ASP Webmaster ([dbeaver@snu.edu](mailto:dbeaver@snu.edu))

**Luncheon reservations:** Kindly be reminded that when a member or guest makes a reservation, the ASP Treasurer must include it in his count and pay Sodexo food service. Last month our treasury lost \$67.50 because 9 persons, who had made reservations, did not come to the luncheon.

**Luncheon reservation cancellations:** Must be received by Friday morning before the Monday luncheons or individual/s are respectfully requested to forward a check to cover the cost to Dr. Roy Dorris, ASP Treasurer, 4607 N. College, Bethany, OK 73008.